



January 2026

Dear Parents and Carers,

I am writing to provide information about the delivery of Relationships and Sex Education (RSE) at our school.

RSE is taught as part of the Personal, Social, Health and Economic (PSHE) education curriculum, which all pupils receive as part of their entitlement in school. Our programme is delivered in an age-appropriate manner and is rooted in the teachings and values of the Catholic Church, supporting pupils' personal development, wellbeing, and dignity.

Comprehensive information about our PSHE and RSE curriculum is available on the school website under the *Curriculum* section, within the *PSHE and RSE* tab. This includes an overview of topics taught across year groups, the school's Sex Education Policy, and a Frequently Asked Questions section, which also provides information about parental rights and statutory requirements.

Relationships education supports pupils to form positive and respectful relationships, understand risks and harms, and keep themselves and others safe. This includes learning about safeguarding, online safety, and using correct terminology for parts of the body, taught sensitively and appropriately.

Should you have any questions or wish to discuss any aspect of the PSHE or RSE curriculum, please do not hesitate to contact the school. We value our partnership with parents and carers and appreciate your continued support.

Yours sincerely,

Mrs D Tomkins
RSE Lead



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