



YHA Malham proposed itinerary

Tuesday 10 th September	Wednesday 11 th September
9-9.15am: leave St John Bosco	8am: Breakfast (provided)
11am: small walk around the area	Morning activity ran by YHA staff
Afternoon activity ran by YHA staff	12.30: final checks and lunch (provided)
5pm: Dinner (provided)	1pm: depart for St John Bosco
6.30pm: Evening activity	
9.15pm: Salesian goodnight	

YHA Malham kit list: one night stay

Essential kit	Recommended
Change of underwear	A spare pair of outdoor shoes for evening activity
Tootpaste, toothbrush, soap/shower gel, shampoo, deodrant (no aerosols)	Hat, scarf, gloves (weather dependent)
Pyjamas	Sun hat/suncream (weather dependent)
T-shirt/top for Wednesday	Hand sanitiser
Trousers (jeans are not always comfortable or suitable for walking)	Plastic bags/bin bags to put wet clothes in
Walking boots OR strong trainers OR wellies (shoes must be sturdy enough to walk in, no gym pumps or best shiny shoes!)	Camera
Slippers or indoor shoes to be worn in the hostel	Torch
Waterproof coat	£5 spending money for local shop
Socks for walking, suitable to the shoes you are going to be walking in	Snacks
Towel	
Sports bottle/refillable water bottle	
Packed lunch for Tuesday 10 th September	
Personal medication (handed to staff)	
Phone and charger	
Rucksack/bag for walking that sits on both shoulders	