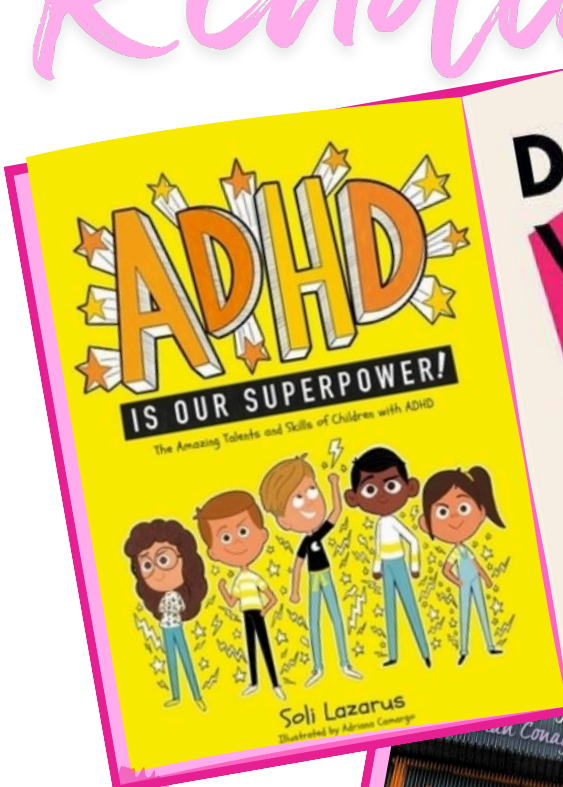
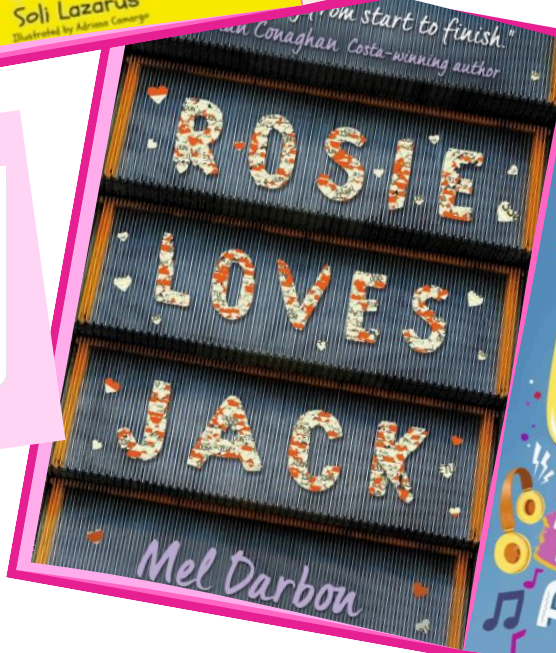


SEND

Reading LIST



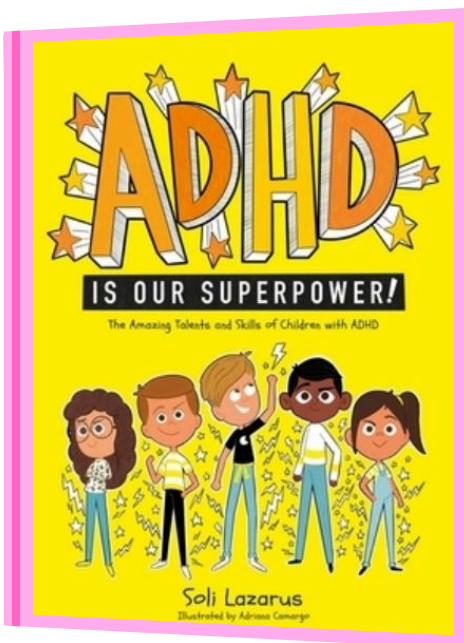
You can borrow these books from the library!



St John Bosco
ARTS COLLEGE

SEND

Reading LIST



You might struggle with things like concentrating in school, or sitting still, or remembering lots of instructions. But ADHD is also a superpower.

In this book you will meet different girls and boys with ADHD who can do amazing things. You might recognise some of these strengths as things that you can do too!

Some of these strengths help with everyday life, like being able to hyper-focus on a task or having boundless energy to try new things.



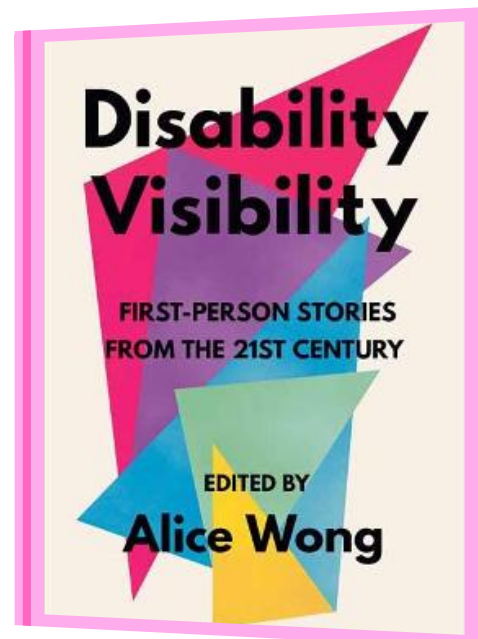
SCAN ME

There are blog posts, manifestos, eulogies, and testimonies to Congress. This anthology gives a glimpse of the vast richness and complexity of the disabled experience, highlighting the passions, talents, and everyday lives of this community. It invites readers to question their own assumptions and understandings.

It celebrates and documents disability culture in the now. It looks to the future and past with hope and love.



SCAN ME



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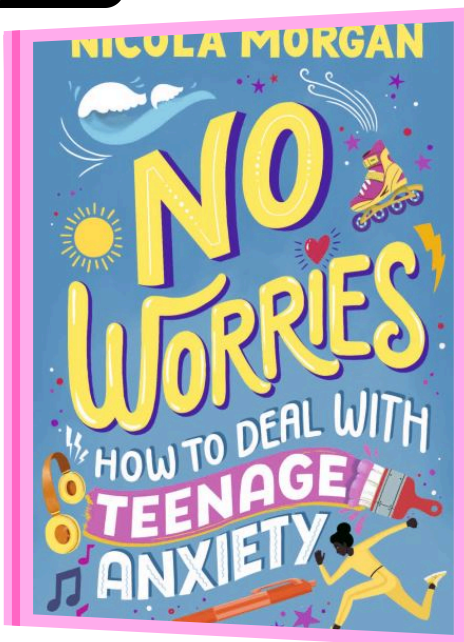
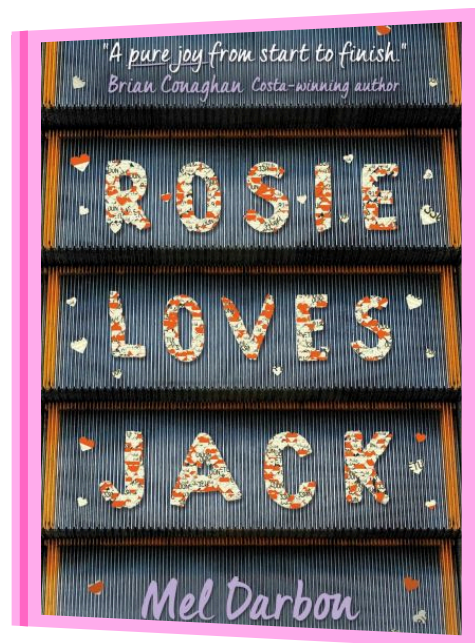
Reading LIST

Rosie loves Jack. Jack loves Rosie. So when they're split up, Rosie will do anything to find the boy who makes the sun shine in her head. Even run away from home.

Even struggle cross London and travel to Brighton alone, though the trains are cancelled and the snow is falling. Even though any girl might find that hard, let alone a girl with Down's syndrome. See the world through new eyes in this one-in-a-million story about fighting for the freedoms that we often take for granted: independence, tolerance and love.



SCAN ME



Presents a teenage guide to tackling anxiety.

Based on the latest science, *No Worries* is packed with advice to help teenagers master the best tricks and hacks to stay firmly in control of worries and embrace calm. From understanding how anxiety works, to building strategies to calm the body and mind, this essential guide equips young people with the tools to tackle their worries and live brilliantly.



SCAN ME