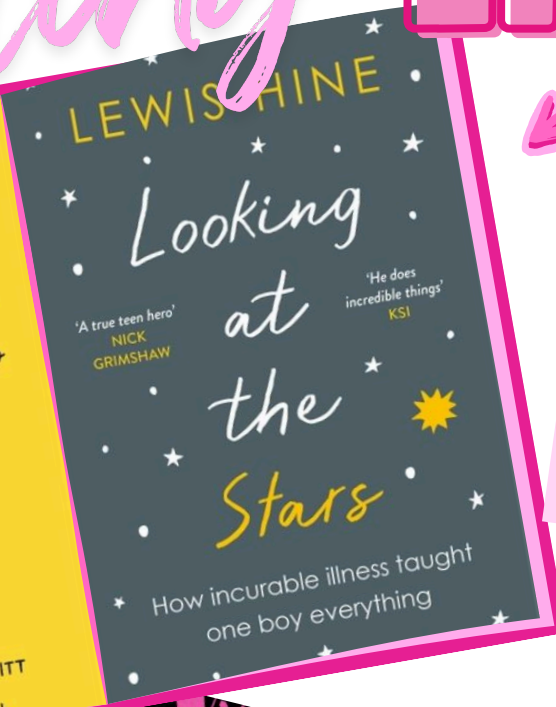
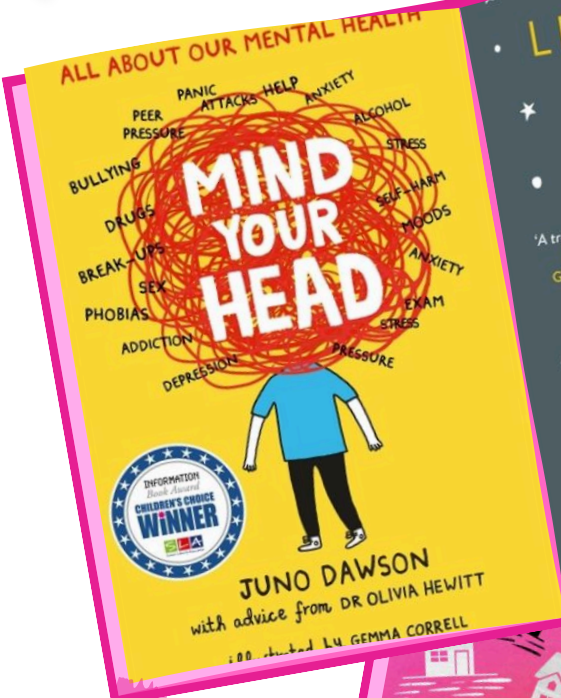
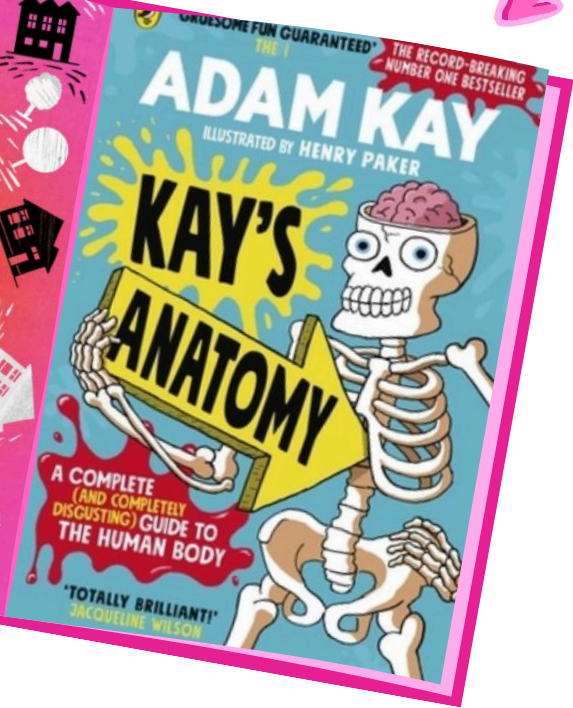


Health and Social Care

Reading LIST

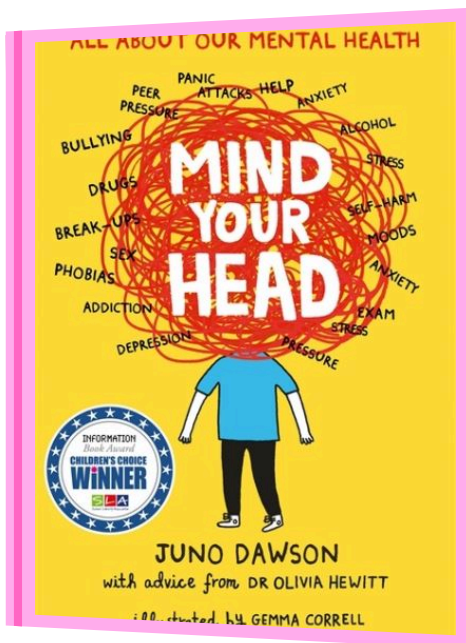


You can borrow these books from the library!



Health and Social Care

Reading LIST



A frank look at mental health and issues that may affect teenagers.

We all have a mind, so we all need to take care of our mental health as much as we need to take care of our physical health. And the first step is being able to talk about our mental health. Frank, factual and funny book, with information and support from clinical psychologist Dr Olivia Hewitt.



SCAN ME

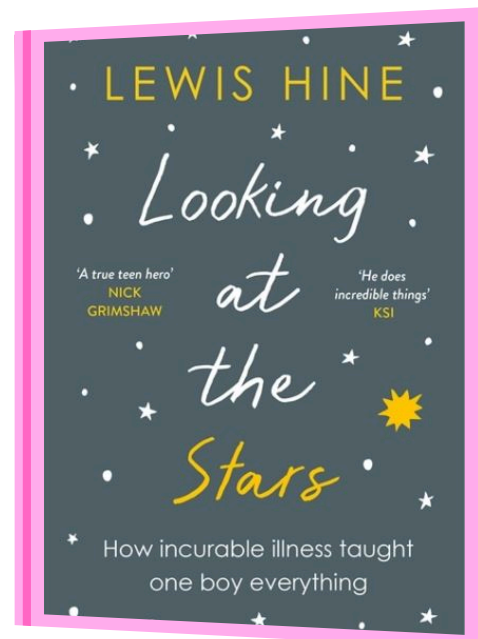
17-year-old Lewis Hine is a global phenomenon. Diagnosed with a life-threatening brain tumour and water on the brain at 17 months, he wasn't expected to survive. But Lewis proved everyone wrong; he's not only surviving but thriving.

My illness may define the length of my life, but it won't define how I live it. My disability gave me the ability to understand and help others.

And now I finally feel like I am living.



SCAN ME



Health and Social Care

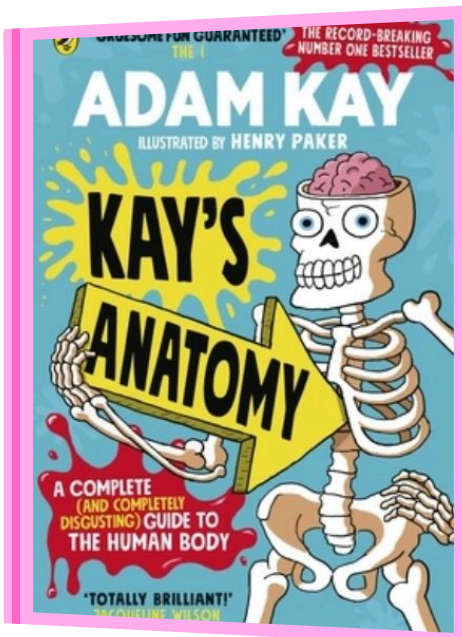
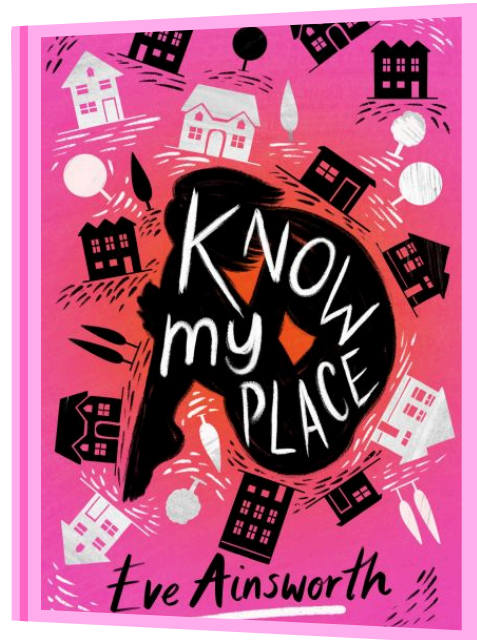
Reading LIST

Amy is sent to live with a new family, the Dawsons.

Although initially reluctant to trust them, she eventually starts to let down her guard. But just when it seems like she's found her forever family, she hears a telephone call that suggests things aren't going to work out. Will Amy be abandoned again or does she dare hope that she might finally have found home?



SCAN ME



Are bogeys safe to eat? How much of your life will you spend on the toilet?

Do you ever think about your body and how it all works? Like really properly think about it? The human body is extraordinary and fascinating and, well... pretty weird. Yours is weird, mine is weird, your maths teacher's is even weirder.



SCAN ME